Video: Discovering past methods of food and fibre production
Geography and History

1. How is it suggested that they still have a good sample of wild foods?
2. List 4 types of plants in this area that are used in food

Answer:
1. They are being conserved by government, preserving them as National Parks and conservation parks
2. Norlay (a fruit) in winter, Current bush or bearded heath, Golden wattle (Nullawat) picked green and steamed or matured (as a black seed) and with a mortal and pestle grind it up, Kunzia, Mirnat (Bullrush) chew on the roots, Keena, Wild Spinach, River mint, Wild celery, Wild parsley, Samphire (salad)

Research project:
To complete this task you may need to get in touch with your local aboriginal community.
Research the indigenous food culture in your local area.
What are some commonly grown plants?
What are some of their uses? As a food? As a fibre?
How/did indigenous people manage their food and fibre resources? (with Fire, dogs?)